

THE MAGIC BY RHONDA BYRNE, 2012

Gabrielle Hong

Do you believe in miracles? You see the things you've dreamed of for so long suddenly happen and appear before your eyes. The broken relationships you've suffered would be suddenly restored and joyful. You suddenly become free from the debts you've been burdened by for many years and enjoy an abundant life. You are suddenly free from chronic diseases and live a healthy life. In *The Magic*, Rhonda Byrne reveals this life-changing concept that is hidden in Matthew 13:12: "Whoever has will be given more, and they will have an abundance. Whoever does not have, even what they have will be taken from them." The hidden word is gratitude. 'Magic' will happen to you when you understand the passage with this word: "Whoever has gratitude will be given more, and he or she will have an abundance. Whoever does not have gratitude, even what he or she has will be taken from he or she" (p.6). The more you are grateful, the more you will be given and will have an abundance. But, if you don't take time to be grateful, you will never have more and even lose what you have.

Gratitude. This word has the mysterious and incredible power to transform any area in our lives. However, not many of us know how to use it and experience transformation. In *The Magic*, Rhonda Byrne reveals this knowledge and teaches us how to apply it to everyday life on an incredible 28-day journey. In the first twelve days, you will practice the amazing power of gratitude for what you have received. The following ten practices will help you use the power of gratitude for your desires, dreams, and everything you want. The last six practices will lead you to a whole new level and help others improve negative situations or circumstances. Think about the miracles you want to experience in your life and make a list.

In this article, I will briefly introduce Day15: Magically heal your relationships. In today's world, many people are suffering from a broken heart as a result of having broken relationships. The broken heart eventually causes you to live as a person who grasps a hot coal with the intent of throwing it at someone else, but instead only you become the victim to be burned by the hot coal (p.142). The restored relationship, however, is like the master key to opening more happiness in your life. There is hidden gold in any difficult relationship. The first step to uncover this is to select one person with whom you want to change or improve your relationship. The next step is to write down and express your gratitude (p.146):

_____Name_____, I'm grateful for
_____what?_____

Write down 10 things about the person that you are grateful for. Read the list of ten things everyday or add things to the list while on your 28 days journey. You may be in an unchanging relationship with the person you select. However, you will receive the best gift for yourself during this journey. You will enjoy peace and healing from your broken heart during the process, which will guide you to begin a new level of your life.

